MILESTONE FOUNDATION RAIPUR

ANNUAL REPORT 2021-2022

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INTRODUCTION

MILESTONE FOUNDATION RAIPUR Samiti is a nonprofit organization dedicated to social welfare, upliftment, and empowerment of underprivileged communities. Established with the vision of creating a just and inclusive society, the organization actively works in the fields of education, healthcare, women empowerment, and skill development.

One of the primary objectives of the organization is to provide quality education to children from economically weaker sections. By organizing educational programs, distributing study materials, and offering scholarships, the Samiti ensures that every child gets the opportunity to learn and grow. Additionally, it conducts awareness campaigns on the importance of education, especially in rural areas. Healthcare is another crucial focus area of MILESTONE FOUNDATION .The organization arranges free medical camps, distributes medicines, and spreads awareness about hygiene, nutrition, and preventive healthcare. Special attention is given to maternal and child health, ensuring that women and infants receive necessary medical care. Women empowerment is a key mission of the organization. By providing vocational training in tailoring, handicrafts, and other income-generating skills, the Samiti enables women to become self-reliant. Awareness programs on gender equality, financial literacy, and self-defense further strengthen their position in society.

The organization also works towards skill development and employment generation. Training programs in various trades help youth and unemployed individuals gain skills that enhance their job prospects. Environmental conservation, social awareness drives, and community development initiatives are also part of its mission.

PRIMARY GOALS

MILESTONE FOUNDATION is dedicated to uplifting underprivileged communities by focusing on social welfare, education, healthcare, and skill development. The organization strives to create a sustainable impact through various initiatives that empower individuals and promote a better quality of life.

1. Education and Literacy Development

The Samiti works towards providing free and quality education to children from economically weaker sections. It focuses on setting up educational programs, distributing study materials, and organizing awareness campaigns to promote literacy. Special emphasis is given to supporting girl child education and ensuring dropout students are reintegrated into the education system.

2. Skill Development and Employment Opportunities

Empowering youth and women through skill development programs is a key objective. The organization conducts vocational training in areas such as tailoring, handicrafts, computer literacy, and entrepreneurship. These programs aim to make individuals self-reliant and improve their employability, thereby enhancing their economic stability.

3. Healthcare and Medical Support

help box foundation. organizes free medical camps, health checkups, and awareness drives to promote public health. It provides medical assistance to needy individuals, focusing on maternal and child health, nutrition, and disease prevention. Awareness campaigns on hygiene, sanitation, and preventive healthcare are also conducted.

4. Women Empowerment and Social Welfare

The organization is committed to promoting gender equality and women's empowerment. It facilitates self-help groups, financial literacy programs, and legal awareness initiatives to help women gain independence and self-confidence. Efforts are made to support widows, single mothers, and victims of domestic violence.

5. Environmental Conservation and Sustainable Development

The Samiti actively promotes environmental awareness by organizing tree plantation drives, waste management programs, and clean water initiatives.

NOTICE

MILESTONE FOUNDATION is committed to improving the lives of individuals and communities, especially those affected by kidney disease and other health challenges, in marginalized and underserved areas. Our primary focus is on providing essential healthcare services, raising awareness about kidney disease, and offering sustainable solutions to enhance the quality of life for those in need. Through our initiatives, including healthcare programs, skill development workshops, and educational opportunities for both children and adults, we aim to empower individuals and create long-lasting positive change. We collaborate with local governments, healthcare providers, and community-based organizations to drive impactful projects that focus on resilience, equity, and improving living conditions. MILESTONE FOUNDATION is dedicated to ensuring a better and healthier future for all, especially those facing the burden of kidney-related health issues.



ABOUT US

MILESTONE FOUNDATION a dedicated nonprofit organization committed to uplifting underprivileged communities by promoting education, healthcare, skill development, and social welfare. Our mission is to empower individuals, especially women and children, by providing them with opportunities for a better and dignified life.

Founded with a vision to create a more equitable society, we actively work towards bridging the gap between privilege and need. Our initiatives focus on providing free education to children from economically weaker sections, conducting health camps in rural and marginalized areas, and offering vocational training programs to help individuals become self-reliant.

Women empowerment is at the core of our organization. We conduct awareness programs, skill training workshops, and financial literacy sessions to help women achieve economic independence. Additionally, we support widows and single mothers by providing them with sustainable livelihood opportunities.

Our healthcare initiatives include organizing free medical camps, distributing essential medicines, and spreading awareness about hygiene and preventive healthcare. We also work towards environmental sustainability by promoting tree plantation drives and clean water initiatives.

MESSAGE FROM THE DIRECTOR

MILESTONE FOUNDATION RAIPUR, our focus is on improving the lives of individuals affected by kidney disease, especially in marginalized communities. As urbanization grows, we aim to provide not just medical care but also sustainable solutions in health, education, and livelihood, ensuring that individuals can lead healthier, more self-reliant lives. We work alongside local governments, healthcare partners, and NGOs to create impactful programs that address both immediate health needs and long-term development. Our vision is to build resilient communities where kidney health and overall well-being are prioritized.

I am deeply grateful to all our supporters, volunteers, and partners. Together, we are making a meaningful difference and creating a healthier future for all. Sincerely,

Ziya ul haque Raghavan, CEO

CORE VALUE

MILESTONE FOUNDATION, we are driven by a set of core values that guide every action we take and every initiative we launch. Compassionate care is at the heart of our work, ensuring that every individual affected by kidney disease receives the respect, empathy, and personalized support they deserve. We are committed to empowering communities by equipping them with the knowledge and tools to improve their health, make informed decisions, and build better lives. We believe in the power of collaboration and work hand-in-hand with local governments, NGOs, healthcare providers, and corporate partners to design and implement impactful, sustainable solutions.

Our foundation upholds **integrity** in all our endeavors, ensuring transparency and accountability to our stakeholders, beneficiaries, and partners. We strive for **equity and social justice**, advocating for equal access to healthcare, education, and livelihood opportunities, particularly for marginalized communities. In every project we undertake, we embrace a **community-driven approach**, valuing the voices and input of the people we serve, making sure our initiatives are relevant and effective. We are dedicated to building **resilience and self-reliance** in the communities we work with, helping them overcome challenges and thrive in the long run. Ultimately, our work is centered around improving **health and well-being**, with a focus on kidney health, but also ensuring that every individual has access to holistic care and the chance to live a healthy, dignified life.

HEALTH AWARENESS

The MILESTONE FOUNDATION is committed to transforming the lives of marginalized communities, particularly those impacted by kidney disease and related health challenges. As urbanization accelerates, many individuals, particularly in slums, face limited access to healthcare, proper sanitation, education, and employment opportunities. MILESTONE FOUNDATION strives to bridge this gap by focusing on healthcare solutions, particularly kidney health, and working to improve the living conditions of underserved populations.

Our initiatives prioritize accessible healthcare programs, skill development for better livelihoods, and the provision of critical resources like clean water and sanitation. By collaborating with local governments, healthcare providers, NGOs, and corporate partners, we aim to create comprehensive solutions that address both the immediate health concerns and the long-term well-being of the affected communities.

At the heart of our work is a commitment to empowering individuals through education, awareness, and support services, ensuring that every person, especially those affected by kidney disease, has the opportunity to live a healthier and more fulfilling life. With a focus on resilience and community-driven solutions, MILESTONE FOUNDATION envisions a future where every individual, regardless of their socio- economic background, has access to the resources and support they need to thrive.





IMPORTANCE OF SPORTS IN EDUCATION

Sports play a vital role in a student's overall development, promoting both physical and mental well-being. Regular participation in sports improves fitness, strengthens muscles, and enhances endurance. It also helps in maintaining a healthy lifestyle, reducing stress, and increasing concentration levels, which ultimately benefits academic performance.

Beyond physical health, sports teach valuable life skills such as teamwork, leadership, discipline, and time management. Students learn to handle success and failure with grace, building resilience and a positive attitude. Competitive sports encourage goal setting and self-motivation, preparing students for future challenges. Moreover, engaging in sports fosters social interactions, creating friendships and teamwork spirit. It instills a sense of responsibility and boosts self-confidence. Schools that integrate sports into education ensure holistic development, making students more confident, disciplined, and focused individuals. Thus, sports are not just a recreational activity but an essential part of education that shapes a student's future.





TAILORING PROJECT

Tailoring is a valuable skill that involves designing, cutting, and stitching fabric to create customized clothing. It plays a significant role in the fashion industry, empowering individuals with creativity and craftsmanship. Skilled tailors can create garments that fit perfectly, enhancing comfort and style.

Beyond fashion, tailoring is also a source of livelihood for many, especially women and underprivileged communities. Learning tailoring provides financial independence and opens opportunities for self-employment or small businesses. It helps individuals develop patience, precision, and an eye for detail.

Organizations like **Milestone Foundation** promote tailoring as a means of skill development and economic empowerment. By offering training programs, they enable individuals to earn a sustainable income and improve their quality of life. Tailoring is not just about sewing clothes—it is about creating opportunities, building confidence, and fostering self-reliance for a better future.





AGRICULTURAL

MILESTONE FOUNDATION committed to uplifting rural communities by promoting sustainable agricultural practices. Recognizing that agriculture is the backbone of rural economies, the organization actively supports farmers through innovative techniques, financial assistance, and training programs to improve productivity and sustainability. One of the key initiatives of MILESTONE FOUNDATION is providing farmers with access to modern farming methods, organic practices, and climate-resilient crops. The organization conducts regular training sessions on soil health, water conservation, crop diversification, and natural fertilizers to enhance agricultural yield while preserving the environment. Additionally, the organization plays a vital role in connecting small-scale farmers with financial aid, subsidies, and government schemes that support rural development. By facilitating access to quality seeds, organic manure, and irrigation facilities, MILESTONE FOUNDATION nsures that farmers can optimize their resources and achieve higher income levels. To address rural employment challenges, the organization also promotes agri-based entrepreneurship. It encourages farmers to engage in allied activities such as dairy farming, beekeeping, poultry farming, and agro-processing. These initiatives not only generate additional income but also help in reducing rural poverty.





VOCATIONAL TRAINING PROGRAM

The MILESTONE FOUNDATION Vocational Training

Program is a transformative initiative aimed at empowering individuals, particularly from underprivileged backgrounds, by providing them with essential skill development opportunities. This program focuses on enhancing employability, fostering self-reliance, and promoting sustainable livelihoods.

Objective

The primary goal of the program is to equip participants with vocational skills that enable them to secure stable employment or start their own businesses. By providing practical, industry-relevant training, the program ensures that individuals can achieve financial independence and improve their quality of life.

Training Areas

The vocational training program covers various skill-based courses, including:

- •Tailoring & Handicrafts Empowering women with stitching, embroidery, and traditional craft skills.
- •Beauty & Wellness Training in salon management, skincare, and cosmetology.
- •Computer Literacy & IT Skills Enhancing digital proficiency for better job opportunities.
- •Electrical & Mechanical Skills Providing hands-on training in repair and maintenance.
- Hospitality & Retail Management Preparing individuals for careers in hotels, restaurants, and retail stores.

Impact & Benefits

- •**Skill Development** Equipping individuals with practical knowledge.
- Employment Opportunities Enabling participants to secure jobs or start enterprises.
- •Women Empowerment Encouraging financial independence among women.
- •Community Growth Enhancing economic stability within marginalized communities.

The MILESTONE FOUNDATION Vocational Training Program is a beacon of hope, providing a pathway to self-sufficiency and a better future. By investing in skill development, the program not only transforms lives but also contributes to the overall socio-economic growth of society.



DATA ENTRY & HARDWARE TRAINING

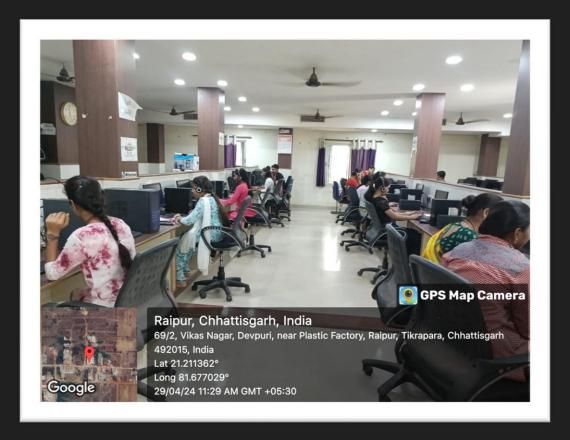
MILESTONE FOUNDATION is committed to transforming lives through its **Nasha Mukti Abhiyan** (Drug De-addiction Campaign). This initiative aims to create awareness about the harmful effects of substance abuse and provide rehabilitation support to individuals struggling with addiction. The campaign focuses on educating youth, families, and communities about the dangers of drug addiction and promoting a healthy, drug-free lifestyle.

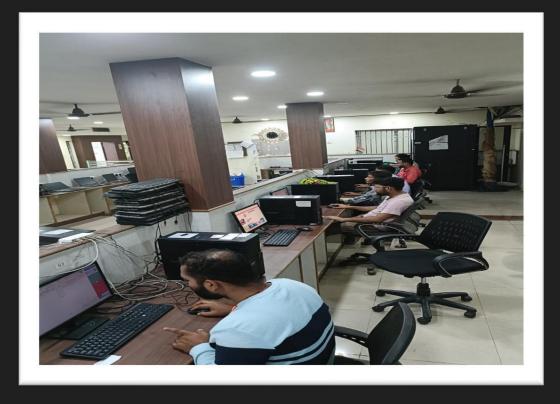
Objectives of the Campaign:

- **1.Awareness & Education:** Organizing seminars, workshops, and street plays to educate people about drug abuse, its impact, and preventive measures.
- **2.Counseling & Rehabilitation:** Providing psychological support, counseling services, and rehabilitation programs for addicts to help them recover.
- **3.Community Involvement:** Engaging local communities, schools, and colleges to spread the message of a drug-free society.
- **4.Medical Assistance:** Collaborating with healthcare professionals to offer medical treatment and detoxification services.
- **5.Skill Development & Employment:** Helping recovered individuals reintegrate into society by providing vocational training and job opportunities.

Implementation Strategy:

- Conducting awareness drives in urban and rural areas.
- •Partnering with government agencies, NGOs, and educational institutions.
- •Encouraging participation from volunteers, social workers, and mental health experts.





ROAD SAFETY PORGRAM

MILESTONE FOUNDATION is committed to spreading awareness about road safety and reducing accidents through its Road Safety Program. With increasing traffic and growing risks on the roads, it is crucial to educate people about safe driving practices, pedestrian rules, and the importance of following traffic regulations.

The program focuses on educating drivers, pedestrians, and students about traffic laws, the significance of wearing helmets and seatbelts, and the dangers of rash driving. Through workshops, seminars, and awareness campaigns, the trust aims to instill responsible behavior among road users. Volunteers and experts conduct live demonstrations on first aid, road signs, and emergency response to equip people with essential life-saving skills.

One of the key aspects of the initiative is engaging school and college students in interactive sessions and quizzes, ensuring that young minds develop a sense of responsibility towards road safety from an early age. Additionally, the trust collaborates with local authorities to organize road safety drives, distribute reflective stickers, and put up awareness banners at key locations.

By implementing such initiatives, MILESTONE FOUNDATION hopes to create a safer environment for all road users and reduce fatalities caused by negligence. The trust firmly believes that small efforts can lead to significant changes, making roads safer for everyone.





WORKSHOP ON WAQF

The Milestone Foundation recently organized a comprehensive workshop on Waqf, aimed at increasing awareness and understanding of its significance in social and economic development. The event brought together legal experts, scholars, and community leaders to discuss the preservation, management, and utilization of Waqf properties for the welfare of society. The workshop highlighted the historical importance of Waqf in supporting education, healthcare, and social welfare initiatives. Experts provided insights into legal frameworks governing Waqf, challenges in its administration, and strategies to ensure its proper use. Participants engaged in discussions on strengthening Waqf institutions, enhancing transparency, and leveraging modern technology for better management. A key focus was on empowering NGOs, legal professionals, and community representatives to actively participate in the protection and revitalization of Waqf assets. The workshop also emphasized the role of government policies and the need for collaborative efforts to safeguard Waqf properties from encroachment and mismanagement. The event concluded with a commitment to raising awareness and advocating for policy reforms to enhance the impact of Waqf in socio-economic development. The Milestone Foundation reaffirmed its dedication to promoting Waqf as a powerful tool for community empowerment and sustainable development.



EDUCATION

MILESTONE FOUNDATION is a dedicated non-profit organization committed to the holistic development of society through education and cultural initiatives. The organization firmly believes that education is the foundation of progress and works towards providing quality learning opportunities for underprivileged children and youth. One of its key initiatives is integrating cultural programs with education to create an engaging and inclusive learning environment. The organization organizes various cultural events, including traditional dance, music, drama, and art competitions, to encourage students to connect with their heritage while fostering creativity and confidence. These programs not only promote talent but also serve as a platform for spreading awareness about social issues, moral values, and the importance of education. MILESTONE FOUNDATION also conducts educational workshops, scholarships, and vocational training programs to empower students with the necessary skills for a better future. By collaborating with schools, local communities, and volunteers, the organization ensures that children from economically weaker sections receive proper guidance and opportunities.

Through its cultural and educational initiatives, MILESTONE FOUNDATION aims to bridge the gap between tradition and modern education, fostering a sense of identity and knowledge among the youth. The organization continues to work tirelessly towards building a more educated, skilled, and culturally enriched society.





ENVIRONMENT AWARENESS

Milestone Foundation is committed to raising awareness about environmental issues and promoting sustainable practices for a greener future. Through various initiatives, we educate communities on the importance of protecting natural resources, reducing pollution, and adopting ecofriendly lifestyles.

Our foundation organizes tree plantation drives, cleanliness campaigns, and workshops on waste management and water conservation. We also conduct awareness programs in schools and colleges to instill environmental responsibility in the younger generation. Climate change and deforestation pose significant threats to our planet. Milestone Foundation encourages individuals and organizations to take action by reducing plastic use, conserving energy, and supporting renewable energy sources.

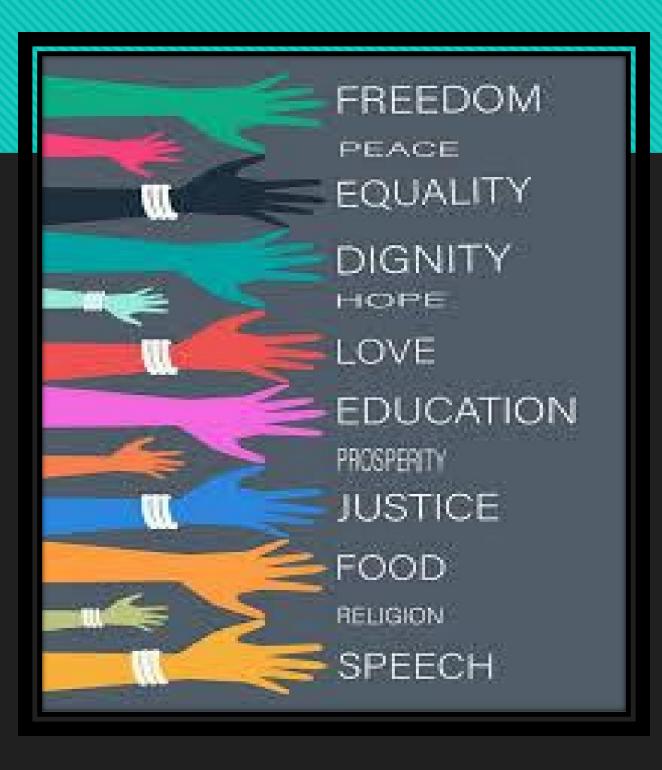
By working together, we can create a positive impact on the environment. Our goal is to inspire people to make small but meaningful changes in their daily lives, ensuring a sustainable and healthy planet for future generations. Join us in our mission to spread environmental awareness and contribute towards a cleaner, greener Earth. Every effort counts, and together, we can make a difference!

HUMAN RIGHT

Milestone Foundation is a dedicated organization committed to upholding and promoting human rights. We work towards ensuring justice, equality, and dignity for all, focusing on marginalized communities, women, children, and vulnerable groups. Our mission is to protect fundamental rights, raise awareness, and empower individuals through legal assistance, education, and advocacy programs.

Through various initiatives, we address issues such as discrimination, violence, child rights, gender equality, and access to justice. We collaborate with legal experts, social activists, and policymakers to drive positive change and implement policies that safeguard human rights. Milestone Foundation believes that every individual deserves respect and fair treatment, regardless of their background. We conduct workshops, legal aid camps, and awareness programs to educate people about their rights and the means to protect them. Our foundation strives to create a just society where freedom, equality, and human dignity are upheld.

Together, we can build a world where human rights are not just words but a reality for everyone. Join us in making a difference and ensuring a brighter future for all.



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